

Genesis Ob/Gyn Medical Group, Inc.
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Attention: Women Who Are Pregnant

Tips during the Flu & Winter seasons: Medications safe to take during pregnancy that are OTC (over the counter).

1. Benadryl, Actifed (for stuffy nose). **NO SUDAFED**
2. Robitussin DM (for cough). **NO NYQUIL**
3. Extra Strength Tylenol 500mg. (for headaches and bodyaches).
NO IBUPROFEN OR ADVIL
4. Mylanta II, Gas X, Tums (for indigestion and heartburn).

***Always call & speak to our medical staff if there are other questions concerning medications.**